Sacred Pussy Picture Taking Ritual

Creating time to have an intimate photo shoot with your pussy is an essential part of becoming initiated. This process may bring up many feelings and might also be an exciting experience for you.

It's important that you give yourself spaciousness and grace when doing this process. ***Set aside at least 15-30 minutes to do your Pussyography Ritual.***

**Photo from MyLittleYoni.com*

Technical Support & Lighting Tips

Make sure that you are in a safe and private space for your photos to be taken.

If you have a friend or partner that can help you take the photos, that's ideal, but many women don't or want to do this on their own so whatever you feel most comfortable doing is perfect.

Natural light is best so doing your ritual during the day will be supportive. If you can position yourself and have your yoni pointing toward a window with a lot of light (not a window where others can easily see in) … you will get the best results.

You can use a flash if need be, but again, natural light is always best.

Prop your phone up on a pill or something to help you get the right angle. it's best if you have the view screen pointing toward your pussy so you can see the shot before taking it.

Be mindful of the focus and do your best to get clear, well lit, crisp photos of your pussy. You can always crop them down before sending as well.

Also **have a journal nearby** so you can write down and process what comes up for you.

A Note About Pubic Hair

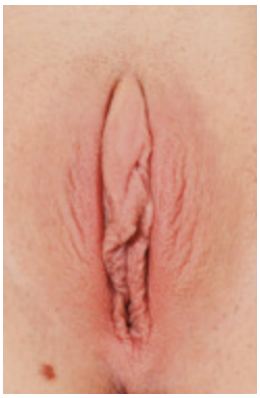
I want you to know that however you like to wear your pubic hair is certainly up to you, AND… please **do not feel** that you need to groom, wax or shave your hair for your reading session.

In fact, the design and patterns of your pubic hair hold lots of information for your reading, **so I invite you to send me pictures that have hair so we can access all of that amazing information.**

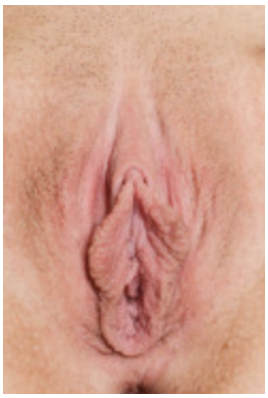
If you have a lot of pubic hair, you will need to make sure that at least one or two of your photos has a clear vision of your outer labia. I definitely want a straight up picture of your resting pussy, and, I invite for faces 2 & 3 to make sure that I can clearly see your inner and outer labias.

If you simply don't have hair for whatever reason, no big deal. We'll still have lots of information to gain from this so… love yourself in all ways that you enjoy your pussy to be expressed.

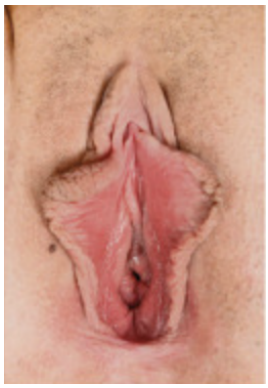
Capturing The "Three Faces" of Your Pussy



Relaxed & Resting



Open & Inviting



Full Bloom

Note: these pictures are missing pubic hair so that you can see the labia folds and their positions more clearly.

Connect With Your Heart and Pussy

Take a moment to sit in silence and hold your intentions for this reading in your heart.

Take a few deep breaths and drop your attention and breath into your pussy. Place one hand on your heart and one hand your pussy and begin to send energy between your heart and your pussy.

Begin speaking with her and share the gift you have given to yourself with this Pussy Oracle reading. Let pussy know that you're inviting her out to be seen, witnessed and worshipped.

When you're ready, I invite you to undress yourself… slowly, sensually, and playfully. Have fun with the unveiling of your pussy.

Once pussy has become free of all clothing, you can begin to take her photograph.

Photo #1 / Face #1

Relaxed and Resting

Snap a pic of your flower while she is simply being.

Take a moment with the photograph.
Make sure it is clear and well lit, but more importantly take a moment to BE with her.
To acknowledge her beauty. To be curious or wowed by what you see.

Really take yourself in for a moment before moving on to the next picture.

If you experience any unpleasing reaction or heavy emotion while looking at your pussy pic, take a moment to breathe and send more love to your heart and your pussy. It can be a bit surprising to see her this clearly for the first time (if it is your first time).

Know dear sister, this will all change very soon with this gift you are about to receive. Your sacred flower is divine! Your reading will support you to know this without a shadow of a doubt.

♥♥

Photo #2 / Face #2

Open and Inviting

Your next photo invites a closer look into your sacred portal of life. Before you take this next photo, I invite you to relax and breathe some more.

Invite the thought of a yummy lover into your energy field or conjure up a pleasurable sensation or visual. Feel free to arouse yourself with some touch. Get your yoni to open herself a bit. Let her begin to reveal more of herself to you.

When you feel you are more open, take another picture of her. Again, well-lit and in focus.

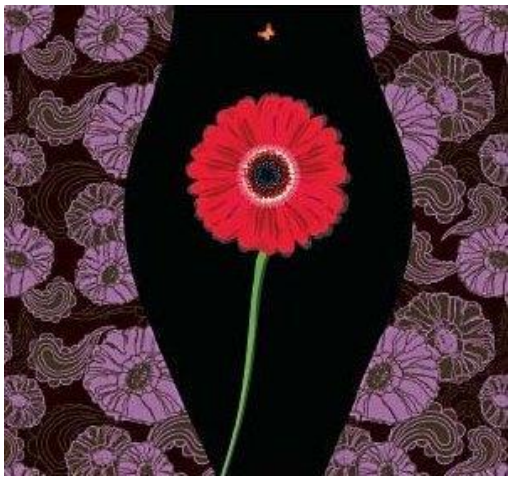
Take a moment to notice if you see a difference. If she is indeed more open, more revealed.

If you don't notice a huge difference between pic 1 and pic 2, you can use your fingers to gently spread her open a bit… just a bit… and try taking the photo again.

The key for this photo is to be able to see her inner lips (labia) fully as well as her outer lips, and as much of the clitorial hood as possible.

Again, be with what you see, journal what you feel and know that together, all will be alchemized.

Photo #3 / Face #3



Full Bloom

Ok, by now you're feeling warmed up and in-touch with your Yoni. This final picture can feel the most vulnerable and yet reveal so much information, so bear with me sister as this is where the portal truly begins to open herself.

I don't expect you to get as aroused as one would need to see the full opening, but you can certainly have fun with yourself to get here. However, the simple and easiest way to "cheat" this photo is to use your fingers and open her right up.

Now, this picture may be hard to get by yourself, so if you have a little tripod for your phone, now is a good time to use that. However, without having to get too technical here, I invite you to simply use your thumb and middle finger to spread her wide open and get as good of a picture as you can.

Don't worry if your hand is in the picture, as long as your fingers are on the outside of your outer lips, the shot will work. And… if that's too difficult or uncomfortable, do your best to spread those gorgeous legs of yours as wide as you can, and take the picture from that position.

Again, see if there is a noticeable difference in this photo from the others, and if so, we are good to go!

To close this experience, I invite you to take place one hand back on your heart and the other on your pussy and take a moment to thank your pussy for showing up for this experience. Then thank yourself for giving yourself this space and time to be in a sexy and loving photo shoot with pussy.

Close with three long breaths or a few oms and you are all set!

How To Submit Your Photos

Be sure to submit your photos within 24-48 hours prior to your reading using your personalized and private Google drive folder link (check your email for that link) or email **Kimberly@VirtualLifeAlchemist.com**

I'll be seeing you real soon and I am excited for what magic will be revealed.